



Post-Graduate Year One (PGY1) Residency

The ASHP-Accredited PGY1 Pharmacy Residency at Waterbury Hospital in Waterbury, Connecticut, is defined as an organized, directed, postgraduate training program in general pharmacotherapy. The program will provide the working knowledge and experience that will enable the resident to assume a leadership role in pharmacy practice. The goal of training is to develop the resident's independent practice skills and confidence in a variety of general practice and specialty areas. Rotation schedules and assignments are flexible and allow for extra time in areas of interest. Residents have an opportunity to develop teaching skills by providing didactic and experiential education for University of Connecticut pharmacy students. The program focuses on the development of knowledge, skills, and behaviors required for the successful provision of pharmaceutical care in the ambulatory and inpatient settings. The purpose of the PGY1 Residency program is to prepare individuals to enter a specialty residency or general clinical practice as a member of an integrated health care team focused on achieving optimal outcomes associated with medication use.

Why Should You Come to Waterbury Hospital?

- ✓ Work closely with teaching clinicians from Yale Primary Care Program
- ✓ Opportunities for didactic and experiential teaching of Doctor of Pharmacy students
- ✓ Individualized training plans are developed for each resident
- ✓ Diverse patient population and practice settings

Upon successful completion of the Waterbury Hospital PGY1 Residency, the Resident shall competently be able to:

- ✓ Provide patient-specific pharmaceutical care in the inpatient and ambulatory settings
- ✓ Educate patients, students, and health care professionals
- ✓ Apply the skills of continuous quality improvement in conjunction with practice partners to improve the medication use process
- ✓ Demonstrate behaviors consistent with self-improvement and lifelong learning
- ✓ Demonstrate practice skills consistent with competent pharmacists

Residency Requirements

- ✓ The residency program begins July 1st of current year and ends June 30th of subsequent year.
- ✓ Required clinical rotations include two rotation blocks of critical care and internal medicine and one rotation block of emergency medicine, infectious disease and psychiatry.
- ✓ Longitudinal Ambulatory Care experience at the Chase Clinic (clinic includes Patient Referrals, Anticoagulation & Diabetes clinics)
- ✓ A poster presentation for the annual ASHP Midyear Clinical Meeting
- ✓ Successful completion and presentation of a residency project at the Eastern States Resident Conference
- ✓ Completed manuscript for publication
- ✓ One evening a week and every third weekend (distributive and clinical responsibilities)

Salary and Benefits

- ✓ \$41,000 Stipend
- ✓ Health & Life insurance
- ✓ Dental and vision insurance available
- ✓ 2 weeks of vacation
- ✓ 7 paid holidays
- ✓ Free parking on hospital lots
- ✓ Excellent work environment
- ✓ Travel to ASHP Midyear Clinical Meeting and Eastern States Conference

Training Site

A mid-sized community and teaching hospital, Waterbury Hospital is licensed for 367 beds. Each year we care for approximately 15,000 inpatients, treat more than 21,000 people in our outpatient medical clinics and handle more than 56,000 Emergency Department visits. In our Xpress Care facility, for non-emergent injuries and illnesses, we treat more than 540 patients per month. Our Behavioral Health Center, one of the largest in the region, logs more than 50,000 outpatient visits per year. Meanwhile, our One-Day Surgery department serves approximately 6,000 area residents annually, including adults and children.

At Waterbury Hospital, our guiding principle is, "Caring Makes a World of Difference." Our services are based upon this philosophy. In fact, our Press Ganey patient satisfaction scores consistently give high marks to our care-giving staff in the areas of medical expertise and attention to patients. Our nurses' scores are generally our very best results. Surveys tell us our patients are also pleased with our physicians, including the amount of time doctors spend with them, the way they address their concerns and the skill and friendliness of our medical staff.

Application Requirements

- ✓ Graduate of an ACPE Accredited Doctor of Pharmacy Degree Program
- ✓ Adhere to the rules of the Residency Matching Program
- ✓ Be eligible for licensure in Connecticut
- ✓ United States Citizen or permanent resident

Materials Required for Application

(Must be postmarked and submitted by January 16th, 2012)

- ✓ Completed Application Form
- ✓ Letter of interest
- ✓ Curriculum Vitae
- ✓ Three letters of recommendation
- ✓ Official college of pharmacy transcripts

Contact Information

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For more information please refer to our website at www.waterburyhospital.org

Core Rotations

- **Pharmacy Operations**

During this period the resident will become acquainted with the distributive functions and oriented with aspects of pharmacy in the hospital. The resident will become familiar with the pharmacy department's policies and procedures, the physical facilities of both the pharmacy and the hospital, and computer order entry of physician orders. The resident will demonstrate the ability to prepare IV admixtures, including batch preparations, TPNs, and chemotherapy.

- **Critical Care**

The resident will train to provide pharmaceutical care for the ICU patient. Duties include; evaluating pharmacotherapy regimens for appropriateness, providing drug information and recommendations to nurses and physicians, and acting as a liaison between the central pharmacy and medical team. The resident should maintain patient specific information for continuity of care upon transfer to other floors.

- **Internal Medicine**

The resident will provide pharmaceutical care to patients admitted to the medical/surgical floors where the patients' pharmacotherapy regimens and therapies are individualized to meet the specific needs of the patient. There will also be opportunities to participate in discharge planning and provide patient education and counseling to assure the best possible outcome for the patient.

- **Infectious Disease**

The resident will participate in the care of individual patients with various diseases of infectious origin while rounding with an infectious disease specialist. The resident will become familiarized with common pathogens for specific disease processes (i.e., cellulitis, endocarditis, pneumonia, sepsis, etc.) and be able to choose an appropriate antimicrobial regimen.

- **Psychiatry**

The resident will be involved in the care of the patients on the inpatient psychiatry unit and in the outpatient setting while assessing and optimizing pharmaceutical care.

- **Pharmacy Administration**

The resident will be given the opportunity to work with the director of the pharmacy department participating in and understanding the day to day responsibilities and duties involved in such a position.

- **Emergency Medicine**

The resident will provide pharmaceutical care in the emergency department on appropriate use of emergency medications as well as participate in medication reconciliation.

- **Ambulatory Care (longitudinal)**

The resident will review and optimize pharmacotherapeutic options for outpatients while providing drug information.

Elective Rotations

- **Pulmonary Medicine**

The resident will participate in the care of patients with various pulmonary diseases while rounding with a pulmonologist in the hospital as well as seeing patients at the office. The resident will become familiarized with common pulmonary disease processes and participate in choosing the appropriate treatments.

- **Cardiology**

The resident will participate in the care of patients with diseases affecting the heart. The resident will become familiarized with the appropriate and up to date therapy of such patients with a focus on pharmaceutical care while rounding with a cardiologist in the hospital as well as seeing patients in office setting.

- **Hematology/Oncology**

The rotation will provide the opportunity to be involved in chemotherapy admixing, chemotherapy adverse affect monitoring, patient education on cytotoxic drugs and monitoring chemotherapeutic protocols in an outpatient setting.